

West Kootenay Native Plants of Special Value to Pollinators

Pollinator and Restoration Value







































































Icons used in this guide

Pollinators

-  Bumblebees
-  Moths
-  Hummingbirds
-  Native bees
-  Specialist bees
-  Butterflies
-  Flies
-  Beetles

Timeframe

-  Bloom timeframe
-  Seed timeframe

Common name	Scientific name	Pollinator Use	Larva Host <small>M-moths B-butterflies Italics: probable</small>	Pollinator Superfood	Restoration Workhorse
 nodding onion	<i>Allium cernuum</i>		M, B		
 pearly everlasting	<i>Anaphalis margaritacea</i>		M, B		
 spreading dogbane	<i>Apocynum androsaemifolium</i>		M, B		
 showy milkweed	<i>Asclepias speciosa</i>		M, B		
 common camas	<i>Camassia quamash</i>				
 fireweed	<i>Chamerion angustifolium</i>		M		
 pink fairies	<i>Clarkia pulchella</i>		M		
 upland larkspur	<i>Delphinium nuttallianum</i>				
 showy daisy	<i>Erigeron speciosus</i>		B		
 parsnip-flowered buckwheat	<i>Eriogonum heracleoides</i>		I, B		
 brown-eyed Susan	<i>Gaillardia aristata</i>		M		
 round-leaved alumroot	<i>Heuchera cylindrica</i>		M		
 desert-parsleys	<i>Lomatium spp.</i>		M, B		
 silky lupine	<i>Lupinus sericeus</i>		M, B		
 silverleaf phacelia	<i>Phacelia hastata</i>		M, B		
 thread-leaved phacelia	<i>Phacelia linearis</i>				
 stonecrops	<i>Sedum spp.</i>		B		
 western Canada goldenrod	<i>Solidago lepida</i>		M, B		
 asters	<i>Symphyotric hum spp.</i>		M, B		
 large-flowered triteleia	<i>Triteleia grandiflora</i>		B		



Hot off the Press:

The Bees have spoken. The following are the top 30 plants that support 162 different native species of bees in riparian and bedrock meadows in the West Kootenays

<i>Achillea millefolium</i>	yarrow
<i>Allium cernuum</i>	nodding onion
<i>Arctostaphylos uva-ursi</i>	kinnikinnick
<i>Mahonia aquifolium</i>	tall Oregon-grape
<i>Camassia quamash</i>	common camas
<i>Claytonia lanceolata</i>	western springbeauty
<i>Collinsia parviflora</i>	small-flowered blue-eyed Mary
<i>Crataegus douglasii</i>	black hawthorn
<i>Delphinium nuttallianum</i>	upland larkspur
<i>Drymocallis glandulosa</i>	sticky cinquefoil
<i>Erythranthe guttata</i>	yellow monkey-flower
<i>Holodiscus discolor</i>	oceanspray
<i>Lomatium ambiguum</i>	swale desert-parsley
<i>Lomatium triternatum</i>	nine-leaved desert-parsley
<i>Lupinus sericeus</i>	silky lupine
<i>Microseris nutans</i>	nodding microseris
<i>Microsteris gracilis</i>	pink twink
<i>Montia linearis</i>	narrow-leaved montia
<i>Montia parvifolia</i>	small-leaved montia
<i>Erythranthe guttata</i>	yellow penstemon
<i>Perideridia gairdneri</i>	yampah
<i>Physocarpus malvaceus</i>	mallow ninebark
<i>Ranunculus glaberrimus</i>	sagebrush buttercup
<i>Rosa nutkana</i>	Nootka rose
<i>Sedum stenopetalum</i>	worm-leaved stonecrop
<i>Symphoricarpos albus</i>	common snowberry
<i>Toxicoscordion venenosum</i>	meadow death-camas
<i>Triteleia grandiflora</i>	large-flowered triteleia
<i>Vicia americana</i>	American vetch

